



St. Francis Xavier's RC Primary School

PE Unit Guidance and Formative Assessment

Year Group:	2	Subject:	P. E.
Units:	Invasion games Games Wall bars/gymnastics Dance Multi-skills Athletics	Prerequisite Learning and Curriculum Links	<p>EYFS ELG Gross Motor Skills: To negotiate space and obstacles safely with consideration for themselves and others; demonstrate strength, balance and co-ordination when playing; move energetically such as running, jumping, dancing, hopping, skipping and climbing.</p> <p>Year 1: invasion games, games, multi-skills, dance, gymnastics and athletics.</p> <p>Curriculum links – links to maths for measuring the length children can jump during athletics.</p>
ROCKS (Remembering Our Curriculum Knowledge and Skills)			
<p><u>Invasion games:</u> Be confident with agility, changing pace and direction. Understand the importance of coordination. Engage in a competitive game.</p>			
<p><u>Games (ball skills):</u> Participate in games using attacking and defending tactics. Explore throwing and catching.</p>			
<p><u>Gymnastics:</u> Become confident with balance. Be able to coordinate their body. Master more complex jumps safely.</p>			
<p><u>Dance:</u> Apply balance and coordination to a range of dance moves. Perform dance moves using simple patterns.</p>			
<p><u>Multi-skills:</u> Co-operate with others in competitive and non-competitive situations. Develop balance, agility and coordination and use in a range of activities.</p>			
<p><u>Athletics:</u> Master movements for running and jumping. Develop balance, agility and coordination and use in a range of activities.</p>			
Progressive Journey:		Skills:	

<p>Autumn 1</p> <p>Invasion games- linked to real PE skills 1 and 5. Static balance and dynamic.</p>	<ul style="list-style-type: none"> • Improve the way they coordinate and control their bodies in various activities. • Remember, repeat and link combinations of skills where necessary. • Develop basic tactics in simple team games and use them appropriately. • Choose use and vary simple tactics. • Catch and control a ball in movement working with a partner or in a small group. • Take part in games where there is an opposition. • Decide where to stand during a team game, to support the game. • Begin to lead others in a simple team game. • Be able to pass and stop a ball to a team mate accurately. • Understand how to intercept a moving ball. • Understand role of attacker and defender.
<p>Autumn 2</p> <p>Games – linked to real PE skills 12 and 11. Agility ball chasing and reaction response.</p>	<ul style="list-style-type: none"> • Improve the way they coordinate and control their bodies in various activities. • Remember, repeat and link combinations of skills where necessary. • Develop basic tactics in simple team games and use them appropriately. • Choose use and vary simple tactics. • Catch and control a ball in movement working with a partner or in a small group. • Take part in games where there is an opposition. • Decide where to stand during a team game, to support the game. • Begin to lead others in a simple team game. • To be able to hit a ball accurately using a piece of equipment.
<p>Spring 1</p> <p>Gymnastics/wall bars- linked to real PE skills 4 and 5. Static balance seated and dynamic balance.</p>	<ul style="list-style-type: none"> • Remember, repeat and link combinations of gymnastic actions, body shapes and balances with control and precisions. • Choose, use and vary simple compositional ideas in the sequence they create and perform, with moderate control. • Create routines which have a clear beginning and ending. • Work with a partner sharing ideas and creating a simple sequence
<p>Spring 2</p> <p>Dance - linked to real PE skill 7. Counterbalance in pairs.</p>	<ul style="list-style-type: none"> • Explore, remember, repeat and link a range of actions with coordination, control and awareness of the expressive qualities of dance. • Explore the change of rhythm, speed, level and direction. • Compose and perform short dances that express and communicate moods, ideas and feelings choosing and varying simple compositional ideas

<p>Summer 1</p> <p>Multi-skills- linked to real PE skills 9, 8 and 12. Co-ordination ball skills, co-ordination with equipment and agility: reaction response.</p>	<ul style="list-style-type: none"> • Confident to send the ball to others in a range of ways. • Beginning to apply and combine a variety of skills (to a game situation) • Develop strong spatial awareness. • Beginning to develop own games with peers. • Understand the importance of rules in games. • Develop simple tactics and use them appropriately. • Beginning to develop an understanding of attacking/ defending
<p>Summer 2</p> <p>Athletics – linked to skills 10 and 6. Movement patterns and dynamic balance to agility.</p>	<ul style="list-style-type: none"> • Remember, repeat and link combinations of actions. Use their bodies and a variety of equipment with greater control and co-ordination. • Develop the following skills with increasing accuracy and velocity. • Explore and throw a variety of objects with one hand. • Jump from a stationary position with control. • Change speed and direction whilst running.
<p>Key Vocabulary</p> <p>Games- striking, catching, own space, team, speed, direction, passing, controlling, shooting, scoring</p> <p>Dance -travel, stillness, direction, space, body parts, levels, speed</p> <p>Gymnastics- forwards, backwards, sideways, roll, slow, body parts, shape, jump, travel, stretch, wide, narrow</p>	