

Personal, Social, Emotional Development:

Discuss and explore different emotions.

Introduce the Zones of Regulation.

Talk about similarities and differences, likes & dislikes – add ideas to the topic display.

Discuss the importance of keeping ourselves clean and healthy - washing hands, using the toilet.

Role-play making new friends with puppets.

Religious Education:

Introduce the story of creation, linking to the idea that God made the world and each of us to be unique, special, and important.

Light a candle and talk about special times.

Discuss what makes you special and

Physical Education:

Fine motor: Dough disco, colouring, threading, using tweezers.

Gross motor: outdoor obstacle courses, party games in groups.

Draw a big self-portrait using chunky crayons.

Literacy:

Name card tracing and name writing.

Listen to a story and retell with props.

Make an “All About Me” mini book (draw pictures of family, pets).

Matching initial sounds to pictures.

Start to introduce Read Write Inc. picture cards and set 1 sounds.



All About Me!



Mathematics:

Count how many children are here today.

Sort toys by colour.

Match shapes to pictures (circle for a face, triangle for a roof).

Compare hand sizes with a partner.

Discuss age and point to our age on the number line. Talk about who is younger / older.

Use the number line as a visual aid when counting.

Understanding the World:

Explore baby photos and talk about growing up.

Go on a walk to see the school environment.

Sort objects into “things I like to eat” and “things I do not”.

Talk about families and how they are all different.

Make a family tree.

Explore the Welly Area.

Expressive Arts and Design:

Paint a self-portrait with mirrors.

Make a playdough model of yourself.

Use pebbles to represent members of your family.

Create a collage of favourite things.

Sing action songs (Head, Shoulders, Knees and Toes).

Explore using the role-plays.

Communication and Language:

Guess the object in the feely bag and describe it.

Partner talk – “Tell me one thing you like to do.”

Retell a simple story with actions.

Show-and-tell favourite toy or photo.

Key Texts:

The Colour Monster, You Choose, Marvellous Me, Owl Babies, Meisha Makes Friends, Starting School