

Personal, Social, Emotional Development:

Learn about the different roles of 'people who help us' and how they support our community.

Talk about how we can work together and show teamwork in everyday situations.

Work in teams to build an emergency vehicle, sharing ideas and taking turns.

Discuss ways to help and support others, practising showing kindness and respect in our daily lives.

Religious Education:

Learn about the story of Jesus' birth and why it is important to Christians.

Make Angel Gabriel puppets.

Sequence the events of the Nativity story.

Explore the characters in the Nativity story and their roles, using story-telling, puppets and role-play.

Reflect on how Christians celebrate Jesus' birth.

Physical Education:

Take part in a firefighter-themed obstacle course.

Practice movements and actions of different people who help us (police, doctors, firefighters) through role-play and games.

Fine Motor: Use spray bottles to put out the pretend fires!

Literacy:

Explore new vocabulary and share discussions about People Who Help Us.

Write simple telephone messages, practising using key words.

Label body parts and link them to roles of PWHU.

Label the PWHU using initial sounds and simple words.

Discover the hidden codes and messages from the police officer!

People Who Help Us!



Mathematics:

White rose – exploring 2d shapes

Count and sort emergency vehicles, uniforms, or equipment by type, colour, or size.

Sequence the steps PWHU take during their jobs.

Compare lengths, heights, or weights of tools and equipment used by different helpers.

Recognise and create simple patterns using shapes, colours, or symbols found on uniforms and road signs.

Understanding the World:

A visit from the paramedic and police force - learn about their roles and equipment, ask questions.

Go on a road sign scavenger hunt

Discuss how people in our community help us stay safe, healthy, and supported.

Explore PWHU in different parts of the world.

Expressive Arts and Design:

Create traffic lights and road signs using a variety of materials to explore colour, shape, and design.

Sing songs and rhymes linked to PWHU and their roles.

Take part in role-play activities, acting out scenes with emergency vehicles and a road scene.

Communication and Language:

Talk about the different roles of PWHU and share personal experiences of when they have helped us.

Use new vocabulary to describe jobs, tools, and equipment, practising asking and answering questions.

Key Texts:

Who Helps Me? Helpers in my Community People Who Help Me